

# SIRIUS MENTORSHIP PROGRAMME

## BY FAREES SIR 2024-2025

Sirius Mentorship Programme is not just about academics; it's about transforming you into a well-prepared, confident, and balanced individual ready to take on the challenges of the UPSC exam and a career in public service. Whether it's strategy, performance optimization, or personality development, our program covers all aspects to ensure your success.

**Starts: October 11<sup>th</sup>**

**Duration: 1 year**

**Mode: Offline one-on-one sessions & online over google meet with Farees sir on a weekly basis.**

### Features:

#### 1. Academic features:

- a. **Holistic guidance for all stages:** Our program provides holistic guidance for all stages of the UPSC exam:

**Prelims:** Develop an effective approach to prelims as per the current trends of the exam.

**Mains:** Master the art of writing structured, clear, and concise answers with our emphasis on consistent answer writing practice.

**Interview Preparation:** Gain confidence and improve your articulation skills with one-on-one mock interviews.

- b. **Best in class strategy:** Tailored to your learning style for an efficient approach to UPSC preparation.
- c. **Consistent Daily Answer Writing:** Develop the skill of writing concise, clear, and structured answers within a limited time on consistent basis.
- d. **Balance between self-discipline and motivation:** by setting realistic targets and ensuring a consistent work ethic.

- e. **Regular Performance Tracking:** regular and honest feedback sessions, you'll always know where you stand and how to improve.

## 2. Performance optimisation features:

- a. **Smart Study Techniques:** Learn how to focus on high-value topics, improve retention, and boost your overall efficiency.
- b. **Stress-management:** Equip yourself with techniques and mentally conditioning yourself to maintain calm and composure under pressure.
- c. **Time-management:** Learn the art of balancing GS, Optional, Current Affairs, and revision with a strategic, well-structured schedule.
- d. **Health and Well-being:** Physical and mental health are foundational to peak performance. We integrate health tips, physical exercise routines, and mindfulness into the study routine.
- e. **Continuous improvement:** Through feedback loops, you'll focus on incremental progress, ensuring that you're always improving, never plateauing.

## 3. Personality Development features:

- a. **Group activity every month:** Monthly group discussions or activities aimed at enhancing communication and cognitive skills.
- b. **Hobbies and Extracurricular:** Encouraging you to cultivate hobbies that not only balance your study routine but also reflect a well-rounded personality.
- c. **Being accountable to your mentor:** Through regular check-ins, I will ensure you remain on track, motivated, and focused on your goals.
- d. **Mental health Mondays:** Embark on a journey to strengthen your mental well-being with Mental Health Mondays, an exclusive initiative offering online guided meditation sessions every Monday with Farees Sir.
- e. **Body Language and leadership:** From mock interviews to group discussions, I will help you work on your body language and hone your leadership qualities—essential traits for future civil servants.

## 4. Bonus features:

- a. **Mentorship diary:** is a personalized tool designed to enhance your UPSC preparation by keeping track of your progress, goals, and personal reflections throughout the mentorship program. This diary is your daily companion for structured growth, ensuring accountability and continuous improvement.
- b. **20% discount** on all courses launched by Farees sir in future.

## What I expect from you? These will be non-negotiable

- 1. Dedication to the Process:** I expect you to be fully committed to your UPSC journey, taking the guidance seriously and working consistently toward your goals.
- 2. Consistency in Effort:** Regular study, answer writing, and revision are essential. I look for a steady, disciplined effort rather than sporadic bursts of activity.
- 3. Receptive to Criticism:** I provide constructive feedback; it is not sugar coated and it's important for you to be open to that criticism without defensiveness. Use it as a tool for growth and improvement.
- 4. Implementing Suggestions:** After receiving feedback, I expect you to actively work on the areas identified for improvement and apply the suggestions in your preparation.
- 5. Self-driven Learning:** While I guide you, I expect you to take initiative in your learning, whether it's extra reading, self-assessment, or trying new strategies for better retention.
- 6. Willingness to Learn:** A growth mindset, where you see challenges as opportunities to learn and improve, is key. I expect you to stay focused on continuous improvement.
- 7. Value My Time:** Respect my time by being punctual for meetings, submitting tasks on time, and being fully engaged during interactions.
- 8. Focus on the Bigger Picture:** I expect you to keep sight of the long-term goal—becoming a well-prepared civil servant. Each step in the mentorship program is a building block toward that ultimate goal, so stay focused and patient.

## Admission process:

Those interested in the programme can contact for me on [@fareesrahman on telegram](#) or call on 7483555756.

## Pricing:

1. Sirius Mentorship Programme (1 year) – ₹ 8999 + GST
2. Essay Edge 2025 (October 2024 to March 2025) with 8 Full Length Tests + 11 Mini Tests – ₹ 9999 + GST
3. Combined - Essay Edge 2025 + Sirius Mentorship Programme (1 year) – ₹ 14,999 + GST.
4. Early bird discount of 10% till 13<sup>th</sup> October.
5. Sirius Mentorship Monthly Model (1 month) – ₹ 1199 + GST

**Start your UPSC journey with the right guidance and see the difference!**

Testimonials of my mentees:



Dhamini M Das , IAS  
AIR 345,2022 Essay score : 130

**Dhamini M Das, IAS 2023**– “Farees sir was there from day one of me an aspirant. Instead of handing me a fish, the taught me how to fish. His style of mentorship is unique, challenging, inspiring and empathetic. His approach is simple and effective and is very kind with his mentees. Always grateful to Farees sir and he will always be my mentor....”



Kannedhara Manoj Kumar , IPS  
AIR 157, 2021 Essay Score : 122

**Kannedhara Manoj Kumar, IPS 2022** – “Farees sir was and is my Dronacharya and my Pir(guide). Sir is always available and pushed me beyond my limits. It is Farees sir who guided me then to transform from an aspirant to an officer...”



Neeti Agrawal  
AIR 383, 2023 Essay Score : 128

**Neeti Agarwal, IPS 2024** – I would like to present my sincere gratitude to Farees Sir for his dedicated efforts and always being there.



Lekhan  
AIR 777, 2023 Essay score: 115

**Lekhan M, IRS, 2024** - Farees sir helped me in getting a rank. He mentored me to improve my essay marks by 25 marks which is one of the reasons for my success. He even guided me with respect to ethics especially case studies in which he taught me how to approach a case and how to answer it in different depths. More than all of this his kindness and passion truly makes one think of him as a friend (except during his critical evaluation) rather than a mentor. His nature prefers supporting students at their downfall than the ones with happy

times makes him one of a kind. I'm glad that I came in touch with him. Hope his mentorship helps much more aspirants like me.



Thejaswini N  
AIR 787, 2023

**Thejaswini N, IRMS 2024** - Sir is one of the main pillars of my UPSC journey. It is very important for every aspirant to have a mentor who gives genuine feedbacks. So, Farees sir is the one who has continuously guided and still guiding me in this journey since three years. Sir helped me to improve my weaknesses & the unique thing is sir taught me how to use my strengths effectively. Sir's efforts have made me to crack the civil services exam.



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# **ESSAY EDGE COURSE 2025 BY FAREES SIR**

**(Best in class Personalised Essay Guidance)**

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**Course duration: 7 months (October 2024 – April 2025)**

**Mode: Offline & Online**

**Tests: 8 full length and 11 mini tests (students will write 27 essays in total)**

**Sessions: 7 Classroom Sessions + 11 group discussions**

Farees Sir evaluated a **staggering 405 tests—equating to 810 essays—**through the Essay Edge 2024 program. In **just 2.5 months** (July to September), he provided personalized one-on-one feedback for each essay, showcasing an unparalleled commitment to fostering excellence in writing!!!

With just **89 days** between prelims 2025 on 25<sup>th</sup> May and mains 2025 which starts on August 22<sup>nd</sup>, the essay becomes a crucial component of the UPSC Civil Service Main Examination. It holds significant weightage and can greatly enhance your overall mains score, in conjunction with your optional subject. Several individuals have achieved commendable ranks solely by obtaining a high score in the essay paper, along with decent scores in other subjects. With less time, it becomes important to start early for your Essay preparation.

As you are all aware, the nature and scoring of the Essay paper have changed since the 2021 mains examination. The topics now are primarily philosophical in nature, making essay writing more challenging, and consequently, overall scores have dipped. In previous years, with sufficient efforts, scores of 140 and above, even reaching 150+, could be attained. However, in the past two years, surpassing the 120+ mark has become a formidable task.

## Features:

1. **Baseline test:** which will followed by a group discussion (also streamed live on Youtube) designed to assess the current proficiency of the candidate in essay writing. Based on the discussion of the baseline essay, personalized suggestions and feedback will be provided to improve the candidate's essay skills. These suggestions will be discussed in one-on-one sessions, allowing for focused guidance and targeted improvement in the areas identified through the baseline essay.

## 2. Classes:

- a. **Skill enhancement sessions - with effective exercises in-class:** These sessions will focus on teaching basic skills in-class through exercises, allowing students to master them. All the basic skills such writing various types of introductions, thesis, different types of writing body and impactful conclusions will be covered. **These classes will be streamed on YouTube and are free for all.**
- b. **Expertise enhancement sessions:** With sufficient grip on the basics, advanced techniques will be taught at the halfway point during the course to add value to your essay writing skills. We will cover making essays more impactful, persuasive, unique and craft two distinct essays for section-A and section-B.

## 3. 8 full length tests with one-on-one feedback and 11 mini tests:

- a. 4 full length tests to follow the Skill enhancement sessions.
- b. 4 full length tests to follow the Expertise enhancement sessions.
- c. **All full-length tests evaluated by Farees sir with one-on-one feedback.** All evaluation as per current UPSC trends.



- d. Mini tests will be followed by group discussion over google meet and short feedback by Farees sir.
  - e. Online students' evaluation will be done via google meet/zoom.
  - f. Full length test dates are flexible. However, it is highly advised to write the tests on the scheduled date. Refer to the detailed time table below.
  - g. Mini tests will have to attempted on the scheduled day.
  - h. Mini tests are scheduled until April to ensure students maintain their essay-writing skills without becoming rusty, all while considering their Prelims preparation and avoiding excessive burden.
4. **Unique value-added materials:** will be provided to the students during the course, aiming to enrich their essay writing content. These materials are specifically designed to provide additional knowledge and resources that can enhance the quality and depth of their essays.
5. **S.W.O.T analysis template** - This template will be generated midway through the course, taking into account your performance in the tests. It will assist students in identifying their strengths and enhancing them further, as well as recognizing their weaknesses and working on transforming them into strengths.
6. **A uniquely designed Coursebook** will be issued as a **pdf copy**, which will serve as a comprehensive one stop resource for the students. It will include designated spaces for taking notes, topic analysis brainstorming, and writing essays. Additionally, it will feature sections for evaluation and the S.W.O.T analysis template. This arrangement allows all essays to be compiled in one place, facilitating integrated feedback and tracking of individual growth throughout the course.

7. The course is available in **both online and offline modes**, catering to the preferences of students. **Offline mode will be in Bengaluru.** Online students will receive a PDF version of the coursebook and the value-added materials. They will also have the opportunity to receive one-on-one feedback through platforms such as Zoom or Google Meet, ensuring personalized guidance and support.
  
8. The course will cover **both technical and philosophical essay topics** (with more emphasis on the latter), providing guidance and strategies for effectively approaching and writing essays on these diverse subjects. Students will receive comprehensive instruction on how to tackle technical topics with clarity and precision, as well as how to delve into philosophical themes with depth and critical analysis. The course aims to equip students with the necessary skills and strategies to excel in both types of essay topics.
  
9. The course is specifically designed to **maximize benefits while minimizing time investment**, recognizing the need for candidates preparing for the mains examination to allocate their time and efforts across multiple areas such as the optional subject and GS papers. The course structure and content are tailored to provide focused and efficient guidance, ensuring that students can effectively balance their preparation while still obtaining substantial benefits in essay writing.
  
10. The course offers **affordable prices** while providing features that are not available elsewhere. The aim is to make quality essay writing guidance accessible to a wide range of students, ensuring that they receive exceptional value for their investment. The combination of affordability and unique features sets this course apart from others in the market.

## Tentative time table:

<b>ESSAY EDGE 2025 - TENTATIVE TIME TABLE</b>	
<b>14-10-2024</b>	Mini test-1/Baseline test (1 topic, no choice)
<b>15-10-2024</b>	Skill enhancement session-1
<b>16-10-2024</b>	Skill enhancement session-2
<b>17-10-2024</b>	Skill enhancement session-3
<b>18-10-2024</b>	Skill enhancement session-4
<b>21-10-2024</b>	Test - 1 (2 essays - one from each section. No choice of topic)
<b>30-10-2024</b>	Mini Test-2 (1 topic, no choice) + Discussion on google meet
<b>07-11-2024</b>	Test-2 (2 essays- one from each section. 4 topics in each section)
<b>18-11-2024</b>	Mini Test-3 (1 topic, no choice) + Discussion on google meet
<b>25-11-2024</b>	Test-3 (2 essays- one from each section. 4 topics in each section)
<b>09-12-2024</b>	Mini Test- 4 (1 topic, no choice) + Discussion on google meet
<b>22-12-2024</b>	Test-4 (2 essays- one from each section. 4 topics in each section)
<b>23-12-2024</b>	Expertise enhancement session-1
<b>24-12-2024</b>	Expertise enhancement session-2
<b>25-12-2024</b>	Expertise enhancement session-3
<b>05-01-2025</b>	Mini test- 5 (1 topic, no choice) + Discussion on google meet
<b>12-01-2025</b>	Test-5 (2 essays- one from each section. 4 topics in each section)
<b>26-01-2025</b>	Mini test-6 (1 topic, no choice) + Discussion on google meet
<b>02-02-2025</b>	Test-6 (2 essays- one from each section. 4 topics in each section)
<b>16-02-2025</b>	Mini test-7 (1 topic, no choice) + Discussion on google meet
<b>23-02-2025</b>	Test- 7 (2 essays- one from each section. 4 topics in each section)
<b>09-03-2025</b>	Mini test-8 (1 topic, no choice) + Discussion on google meet
<b>16-03-2025</b>	Test- 7 (2 essays- one from each section. 4 topics in each section)
<b>31-03-2025</b>	Mini test-9 (1 topic, no choice) + Discussion on google meet
<b>13-04-2025</b>	Mini test- 10 (1 topic, no choice) + Discussion on google meet
<b>27-04-2025</b>	Mini test- 11 (1 topic, no choice) + Discussion on google meet

### Note:

1. Full length tests are flexible.
2. Mini tests have to be written on on the same day.
3. All full length tests are evaluated by Farees sir with one on one feedback.
4. Mini tests are followed by disucssion and a short feedback by Sir.
5. Both philosophical and technical/subject wise topics will be asked.

## About Farees sir:

Mr. Farees Rahman is a renowned educator for Essay as well as Ancient and Medieval Indian history across the country for his unique methods, tireless passion and student friendly approach. With over 7+ years of teaching experience, he was associated formerly with InsightsIAS as a faculty cum mentor for the past 5 years till 2024.

Mr. Farees Rahman is highly esteemed among students for his distinctive teaching approaches, which are delivered with great passion, dedication, and a touch of humour. As a mentor, he is renowned for his unwavering commitment to his mentees, ensuring their continuous improvement throughout their journey.

Regarding essay writing, Mr. Farees Rahman firmly believes that it is a unique skill distinct from other General Studies (GS) subjects. He emphasizes that, like any other skill, essay writing can be mastered through sufficient practice and the right guidance. With the proper combination of practice, knowledge, and guidance, he encourages students to develop and enhance their essay writing abilities.

Some of the individuals he has personally assisted in building their essay competence including the following:

2023 civil service examination toppers:

- AIR 89 – Sakshi Jamuar
- AIR 207 Diya
- AIR 379 Yashaswini
- AIR 383 Neeti Agarwal
- AIR 436 Hitesh Sharma
- AIR 584 Prakhya
- AIR 635 Suma H K
- AIR 777 Lekhan M
- AIR 787 Thejaswini N
- AIR 973 Thanuj Kumar K

2022 and Prior toppers:

- Dhamini M Das, IAS
- Kannedhara Manoj Kumar, IPS
- Kailash T, AIR 465
- Sarfaraz Alam, IPS
- Suhas R, IIS
- Yogapriyanga S.N, IRS
- Jabeen Fathima J, IRS

## Pricing:

1. Essay Edge 2025 (October 2024 to March 2025) – ₹ **9,999 + GST**
2. Sirius Mentorship Programme – ₹ **8,999 + GST**
3. Essay Edge 2025 + Sirius Mentorship Programme – ₹ **14,999 + GST.**
4. Early bird discount of 10% till 13<sup>th</sup> October.
5. 15% off those who attempted the launch pad test held on 20<sup>th</sup> September.

## Testimonials of my mentees:



“I can’t express how grateful I am to Farees sir for guiding me over the past 2.5 years in refining my essay writing skills starting from September 2020 every single week sir has evaluated 60+ essays of mine. Since I was online student Sir would go an extra mile and evaluate my essays on zoom calls while sharing his screens. I still remember how pathetic I was in substantiating my arguments with examples, but Farees sir wouldn’t just write a feedback

and stop there instead he would push me to think of examples then and there and would wait on the call until I did. He literally taught me how to think. Farees sir instead of handing me a fish he taught me how to fish. During the

preparations for last mains, sir picked out as abstract topics as possible to match UPSC essay topics. All of sir's efforts has today translated into my essay marks of 130."

**Dhamini M Das, IAS, AIR – 345 Essay score: 130 (one of the highest in 2022 mains)**



Kannedhara Manoj Kumar, IPS  
AIR 157, 2021 Essay Score : 122

"I first wrote an essay some 4 years back and calling it bad is an understatement. It is Farees sir who corrected me then and read the next 100-odd essays it took for me to get to the other side. Writing an essay is the only thing in UPSC that needs someone who constantly evaluates and guides you in the process. In this regard, Farees sir was and is my Dronacharya and my Pir(guide). Especially concerning the philosophical essays, it is Sir who made me realise that writing an essay

philosophically is different from dumping philosophies in an essay. The unique insights sir brings not only help us in writing an essay to the demand but also to get a cutting edge which is becoming the need of the hour these days. Thus, it is with my utmost faith in Farees sir's abilities with which I have been acquainted for years I can testify to the utility and necessity of this course."

**Kannedhara Manoj Kumar, IPS, AIR 157, Essay score: 122 in 2021.**



Kailash T  
AIR 460, 2022 Essay score: 118

"The guidance from Farees sir helped me in identifying the mistakes and areas of improvement in my essay. Furthermore, inputs given by Farees sir helped me in writing the sentences and paragraphs in simple and crisp manner, which gave my answer an organic flow and easy to read. This was reflected in the marks in essay paper, which was 119. I would like to Thank Farees sir for regular guidance and support" **Kailash T, AIR 460 Essay score: 118 in 2022.**



Neeti Agrawal  
AIR 383,2023 Essay Score : 128

“Hello everyone, I would like to present my sincere gratitude to Farees Sir and Insights team for their dedicated efforts, detailed evaluation of my essay copies and rich Value added material. From scoring 117 marks in essay( below average marks for that year) in UPSC CSE 2020 to 128 marks in 2023 attempt, the contribution of Farees sir is immense and selfless. Also, the essay topics in the Essay edge course were similar to the topics being asked in UPSC exam. Once again,

thankyou so much for making the Essay exam more structured, enjoyable and relevant to the needs of the examination.”

**Neeti Agrawal , AIR 383, Essay Score of 128 UPSC CSE 2023.**



Sakshi Jamuar  
AIR 89, 2023 Essay Score : 122

“My name is Sakshi Jamuar and I've secured AIR 89 in UPSC CSE-23. This was my first UPSC Mains and I scored 122 in Essay paper, which is amongst the top percentile this year. All thanks to Mr. Farees Rahman for his constant guidance! Insights Essay Edge program comprises a series of lectures and mock tests, with live evaluations. It also includes a Compilation which entails numerous anecdotes, quotes, poems, examples, dictums, idioms- which were crucial for value addition. My first Essay test was a disaster, to be honest. Farees sir rightfully pointed out the areas I

needed to work on, with his immaculate suggestions and encouragement. I took the feedback and wrote the upcoming essay mock tests keeping the above in mind. It kept getting better and better and I gradually developed the confidence to ace this paper. And luckily, one of the best Essays that I had written on was asked in UPSC paper”

**Sakshi Jamuar, AIR 89, Essay Score of 122 in 2023.**



Diya Dasgupta  
AIR 207, 2023

My name is Diya Dasgupta. In this year's (UPSC CSE 2023) UPSC exam, I've secured an All India Rank of 207. This was my second Mains & second interview. Farees sir's Essay Edge course was instrumental in enabling me to score a total of 810 in Mains. This year, I scored 128 in Essay and it wouldn't have been possible without Sir's meticulous feedback and excellent value addition material, specifically for philosophical topics. Sir helped me to break down the seemingly profound abstractness in Philosophical Essays, into concrete 5-6 steps, which

acted as my SOP for every essay that I wrote, including the two I wrote in Mains 2023. Thank you, sir, for all your help and constant support!

**Diya Dasgupta AIR 207, Essay score of 128, CSE 2023.**