

SIRIUS MENTORSHIP PROGRAMME

BY FAREES SIR 2024-2025

Sirius Mentorship Programme is not just about academics; it's about transforming you into a well-prepared, confident, and balanced individual ready to take on the challenges of the UPSC exam and a career in public service. Whether it's strategy, performance optimization, or personality development, our program covers all aspects to ensure your success.

Starts: October 11th

Duration: 1 year

Mode: Offline one-on-one sessions & online over google meet with Farees sir on a weekly basis.

Features:

1. Academic features:

- a. **Holistic guidance for all stages:** Our program provides holistic guidance for all stages of the UPSC exam:

Prelims: Develop an effective approach to prelims as per the current trends of the exam.

Mains: Master the art of writing structured, clear, and concise answers with our emphasis on consistent answer writing practice.

Interview Preparation: Gain confidence and improve your articulation skills with one-on-one mock interviews.

- b. **Best in class strategy:** Tailored to your learning style for an efficient approach to UPSC preparation.
- c. **Consistent Daily Answer Writing:** Develop the skill of writing concise, clear, and structured answers within a limited time on consistent basis.
- d. **Balance between self-discipline and motivation:** by setting realistic targets and ensuring a consistent work ethic.

- e. **Regular Performance Tracking:** regular and honest feedback sessions, you'll always know where you stand and how to improve.

2. Performance optimisation features:

- a. **Smart Study Techniques:** Learn how to focus on high-value topics, improve retention, and boost your overall efficiency.
- b. **Stress-management:** Equip yourself with techniques and mentally conditioning yourself to maintain calm and composure under pressure.
- c. **Time-management:** Learn the art of balancing GS, Optional, Current Affairs, and revision with a strategic, well-structured schedule.
- d. **Health and Well-being:** Physical and mental health are foundational to peak performance. We integrate health tips, physical exercise routines, and mindfulness into the study routine.
- e. **Continuous improvement:** Through feedback loops, you'll focus on incremental progress, ensuring that you're always improving, never plateauing.

3. Personality Development features:

- a. **Group activity every month:** Monthly group discussions or activities aimed at enhancing communication and cognitive skills.
- b. **Hobbies and Extracurricular:** Encouraging you to cultivate hobbies that not only balance your study routine but also reflect a well-rounded personality.
- c. **Being accountable to your mentor:** Through regular check-ins, I will ensure you remain on track, motivated, and focused on your goals.
- d. **Mental health Mondays:** Embark on a journey to strengthen your mental well-being with Mental Health Mondays, an exclusive initiative offering online guided meditation sessions every Monday with Farees Sir.
- e. **Body Language and leadership:** From mock interviews to group discussions, I will help you work on your body language and hone your leadership qualities—essential traits for future civil servants.

4. Bonus features:

- a. **Mentorship diary:** is a personalized tool designed to enhance your UPSC preparation by keeping track of your progress, goals, and personal reflections throughout the mentorship program. This diary is your daily companion for structured growth, ensuring accountability and continuous improvement.
- b. **20% discount** on all courses launched by Farees sir in future.

What I expect from you? These will be non-negotiable

- 1. Dedication to the Process:** I expect you to be fully committed to your UPSC journey, taking the guidance seriously and working consistently toward your goals.
- 2. Consistency in Effort:** Regular study, answer writing, and revision are essential. I look for a steady, disciplined effort rather than sporadic bursts of activity.
- 3. Receptive to Criticism:** I provide constructive feedback; it is not sugar coated and it's important for you to be open to that criticism without defensiveness. Use it as a tool for growth and improvement.
- 4. Implementing Suggestions:** After receiving feedback, I expect you to actively work on the areas identified for improvement and apply the suggestions in your preparation.
- 5. Self-driven Learning:** While I guide you, I expect you to take initiative in your learning, whether it's extra reading, self-assessment, or trying new strategies for better retention.
- 6. Willingness to Learn:** A growth mindset, where you see challenges as opportunities to learn and improve, is key. I expect you to stay focused on continuous improvement.
- 7. Value My Time:** Respect my time by being punctual for meetings, submitting tasks on time, and being fully engaged during interactions.
- 8. Focus on the Bigger Picture:** I expect you to keep sight of the long-term goal—becoming a well-prepared civil servant. Each step in the mentorship program is a building block toward that ultimate goal, so stay focused and patient.

Admission process:

Those interested in the programme can contact for me on [@fareesrahman on telegram](#) or call on 7483555756.

Pricing:

1. Sirius Mentorship Programme (1 year) – ₹ 8999 + GST
2. Essay Edge 2025 (October 2024 to March 2025) with 8 Full Length Tests + 11 Mini Tests – ₹ 9999 + GST
3. Combined - Essay Edge 2025 + Sirius Mentorship Programme (1 year) – ₹ 14,999 + GST.
4. Early bird discount of 10% till 13th October.
5. Sirius Mentorship Monthly Model (1 month) – ₹ 1199 + GST

Start your UPSC journey with the right guidance and see the difference!

Testimonials of my mentees:



Dhamini M Das , IAS
AIR 345,2022 Essay score : 130

Dhamini M Das, IAS 2023– “Farees sir was there from day one of me an aspirant. Instead of handing me a fish, the taught me how to fish. His style of mentorship is unique, challenging, inspiring and empathetic. His approach is simple and effective and is very kind with his mentees. Always grateful to Farees sir and he will always be my mentor....”



Kannedhara Manoj Kumar , IPS
AIR 157, 2021 Essay Score : 122

Kannedhara Manoj Kumar, IPS 2022 – “Farees sir was and is my Dronacharya and my Pir(guide). Sir is always available and pushed me beyond my limits. It is Farees sir who guided me then to transform from an aspirant to an officer...”



Neeti Agrawal
AIR 383,2023 Essay Score : 128

Neeti Agarwal, IPS 2024 – I would like to present my sincere gratitude to Farees Sir for his dedicated efforts and always being there.



Lekhan
AIR 777, 2023 Essay score: 115

Lekhan M, IRS, 2024 - Farees sir helped me in getting a rank. He mentored me to improve my essay marks by 25 marks which is one of the reasons for my success. He even guided me with respect to ethics especially case studies in which he taught me how to approach a case and how to answer it in different depths. More than all of this his kindness and passion truly makes one think of him as a friend (except during his critical evaluation) rather than a mentor. His nature prefers supporting students at their downfall than the ones with happy

times makes him one of a kind. I'm glad that I came in touch with him. Hope his mentorship helps much more aspirants like me.



Thejaswini N
AIR 787, 2023

Thejaswini N, IRMS 2024 - Sir is one of the main pillars of my UPSC journey. It is very important for every aspirant to have a mentor who gives genuine feedbacks. So, Farees sir is the one who has continuously guided and still guiding me in this journey since three years. Sir helped me to improve my weaknesses & the unique thing is sir taught me how to use my strengths effectively. Sir's efforts have made me to crack the civil services exam.