

Test - 5  
Section - A

① The shoe that fits one person pinches another.

Start writing from the below line:

Lets do a quick time travel back to mid 1800's. It was the time during which the British in Indian subcontinent is consolidating their power. As part of their consolidation they have started using western methods and arms to train Indian soldiers to improve their efficiency and capabilities.

Britishers started cartridges as part of their military strategy. These

Cartridges had a paper on them which has to be removed by mouth before it will be loaded into tanks. These cartridges used to be greased with cow and pig fat which are deeply offensive to Hindu and Muslim soldiers. Despite these issues the British wanted to fit the shoes to Indian soldiers based on their western ideology. Those very shoes pinched the Indian soldiers leading to widespread anger and eventually <sup>lead to</sup> the 1857 rebellion which is known as the "First war of Independence." → apt hook! well written!

As seen above, "one size fits all" approach will create many problems as there is a huge diversity in human experiences, perspectives, needs, aims and aspirations. Therefore one good should understand and respect the differences <sup>core</sup> among people. Mindful tailored approaches <sup>argument</sup> based on circumstances is the need of the hour.

Going forward in this essay let us try to understand various dimensions of the

metaphors, "The shoe fitting one" and "the same shoe pinching another", reasons behind that pinch, We will also try to look into, why people use other shoes?, Are there any universal free size shoes that can fit everyone? and the consequences of fitting others shoes.

The "shoe that fits one" can be understood ~~as~~ of something that works for that individual, group, society, It can be developmental approach, leadership style, Approach to climate change, relationships, parenting, workplace, education style etc.

The "same shoe pinching another person" signifies lack of perspectives, 'cultural conflicts', Ethical and moral relativism, lack of empathy, one size fits all approach, Not respecting diversity, Identity crisis etc.  
and Context

Now let's delve into the core of the essay, "Why the shoe that fits one person pinches another?". The simple answer would be the shoe size difference among the people. That means the demands and needs of people and society <sup>good</sup> changes from one place to other due to differences in culture, customs and perspectives. When someone forces their culture on others it pinches them.

Russia's policy of "Russification" is a case in point. Russia aimed to assimilate various ethnic groups within Soviet Union by imposing Russian language, culture and political apt ideology. This approach has pinched many Baltic and caucasian states. This has fuelled many nationalistic movements and lead to disintegration of Soviet Union.

On the other hand, countries like India, upheld the ideas of "unity in diversity" which made it one of the most successful and vibrant democracy in the world.

add one more dimensions in support

Previously we have seen why the shoe that fits one person pinches another. Despite knowing that people will still try to fit into other shoes. It is mainly because of the validation and fear of carrying out new path based on their needs.

This aspect can be understood by analysing social media validation in the current age and time. Platforms like Instagram perpetuate specific beauty standards such as zero size, muscular physique, fair skin, symmetrical features etc. Lot of youngsters used methods such as plastic surgeries, liposuctions, using of steroids which created stronger pinches in the long run due to health issues induced by those methods. — Opt

This very validation created identity crisis to many individuals which at times have taken their lives due to online challenges such as "Blue Whale Challenge".

We have seen why individuals try to fit into others shoes by their will but in reality, at times they are forced to fit into some other shoes as well without their will. This aspect of forced fitting can be clearly understood by examining various gender roles and sexual division of labour.

Even in 21<sup>st</sup> century women are forced to fit themselves into shoes of social expectations, which don't align with their personal identity.

For example, many working women are forced to resign their jobs to prioritise family and children over their career and life goals. This

forced fitting is pinching the women community from time immemorial.

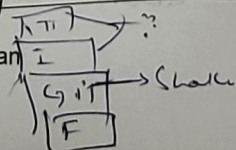
Because of this very reason we see less women participation in formal sector. The data given by periodic labour force survey 2022-23

says women participation is mere 37%. Which corroborates with the above argument.

All this while we have seen the ill effects of trying to fit into others shoes, but the question is whether trying to fit into others shoes is always wrong as it pinches? The answer would <sup>be</sup> "NO." At times "we need to force ourself to try to fit into others shoes despite of the pinches". This will lead <sup>us</sup> to achieve a positive change.

This can be seen in the life story of Rosa Parks, an African American woman. On a busy day in the state of Alabama, she refused to give up her seat to a white passenger as required by the laws at that time. Rosa Parks that day don't want to fit herself into the shoes of racism rather she wanted to get into a new shoes of freedom and Equality.

This transition was not easy, she had faced her share of pinches but at the end it lead to positive outcomes of equality through civil rights movement.



All the fitting issues and the pinches that we have seen before raises the need for customisation. This customisation will help in catering to the individual needs and demands based on their circumstances. This "concept of Customisation" can help individuals to get the correct shoes without any pinches.

This can be understood by looking into the changes that happened in teaching pedagogy. Traditional education system employed one size fits all approach which failed to

accommodate students who learn differently. To address this issue many new changes were brought in in education system.

Use of auditory learning, visual aid learning, hands on experience etc. became part of learning. Therefore now the "shoe" of education is customised to fit unique needs of each student. to create inclusive and effective learning.

On contrary to the given topic, the "Shoe that fits one person can also fit another without any pinches" if one is careful enough to adjust the shoe laces

based on their needs. The framing of Indian Constitution is an apt example to

✓ Understand this dimension. —> apt

✓ write concisely  
Right after independence, our Constitution makers started working on our Constitution.

In the due process ~~we~~ they have taken the best of the best aspects from other constitutions

and re-adjusted those features according to Indian context. For example the "Secular shoes"

of French Constitution was adjusted and made into "Indianised form of secular shoes"

✓ to equally protect and promote all religions.

This very Indian secularism played an important role in avoiding pinches such as domination and religious conflicts.

On a philosophical note, the statement, "The shoe that fits one person pinches another" upholds

the idea of ethical pluralism against the concept moral absolutism. Ethical pluralism argues that different cultures, societies, individuals may have different "moral fits" that are equally valid within their own contexts. → Use it in earliest structure or better

The given statement also emphasises on the importance of individual freedom and the responsibility to create one's own meaning in life. As an individual we should find our "own fit" rather than blindly following the paths of others.

To summarise, due to profound individuality and subjectivity in human experiences there is no one particular solution, belief or practice that works for all. One

should be mindful enough to respect and accept diverse perspectives and individual autonomy.

Just as a plant that thrives very well in natural habitat • but wilters in new habitat (or) as a key perfectly fits one lock but cannot turn another, so do our life choices, beliefs, aims etc. can only find resonance when they are aligned to our unique circumstances.

The shoe that fits one person pinches another because we are all not shaped the same, nor do we walk the same path. To achieve harmony <sup>one</sup> must embrace diversity.

This will create a world where everyone can find their own perfect fit, free from the pain of forced conformity.

good conclusion!