

Test - 6
Section - A

④ The foolish man seeks happiness in the distance,
the wise grows under his feet

Start writing from the below line:

The stories of Holocaust under Nazi regime majorly tells about the things that humanity should never do. On the flip side there are also few stories which will tell what humanity should do to be more humane. The story of Viktor Frankl is one such inspiring story.

Viktor Frankl, a Holocaust survivor

who has endured the unimaginable horrors of Nazi Concentration Camps. In those situations many will think that happiness can only found in a different and better future. But the "wise" Frankl believed that it is foolish to seek happiness in the distance.

ant book In his book "Man's search for Meaning", he emphasised that happiness is often found by accepting the present and finding purpose, even in adversity. He argued that life's happiness comes not from external conditions rather from the wisdom of contentment.

Therefore one should lay emphasis on the present moment and inner contentment.

As humans it is natural to have goals and aspirations but it is foolish to seek happiness by aspiring fulfillment in the future. True wisdom will help us to

find happiness by cultivating gratitude,
mindfulness, acceptance and sense of contentment.

however if the situations don't all to grow
happiness under feet then it is the time to move
to a distant place.

The pursuit of Happiness

Lets delve deep into the core of the
essay, "Why foolish men seeks happiness in
the distance and why wise grows under his feet?"

✓ The foolish men in the quote represents
a "particular mindset". This very mindset of
the foolish men believes that happiness lies
in the future which built on the
aspects of wealth, success, fame and name.

These individuals may say, "I will be happy
if I get a dream job", "I will be happy when
I find the right partner", "I will be happy
when my kids do well in school", "I will be

happy if I save enough for retirement" and
so on.

As we see, when one goal is achieved, new goals arise, creating a cycle of perpetual longing and dissatisfaction. This is the very reason why foolish men always look for distant happiness which is perpetually out of reach.

In contrast, the wisemen in the quote represent those people who believe in creating own happiness, rather than chasing the distant happiness. These people look inward to realise happiness through contentment. They believe in growing and nurturing happiness regardless of situations.

Add examples to substantiate
This is the very reason why wise people grow happiness under one's feet through their wisdom of self-awareness.

Control the Controllables

As we have seen the 'why aspect', lets look into "How foolishmen and wise achieve happiness?"

Foolishmen aspire happiness by trying to control the uncontrollables of future. They try to control the external conditions. They look for success, wealth, validation etc. through their efforts. The ever increasing social media apt validation to achieve happiness by the foolish youth is a case in point.

On the other hand wisemen achieve happiness by focusing on those things which can be controlled. They achieve happiness by controlling their thoughts, attitudes and actions. They strongly believe in the quote, good

"Life is 10% what happens to you and 90% how you react to it"

Dichotomy: Mind's pursuit Vs Mindfulness

Now lets try to understand the outcomes, if we follow two different approaches such as Mind's pursuit by foolishmen and Mindfulness of wise men in achieving happiness.

philosophically, the pursuit of distant happiness by the foolishmen can be seen through the lens of "Existentialism", which promotes seeking happiness through external achievements and future aspirations. However this pursuit can lead to feelings of alienation and existential angst if we can't achieve our goals. Increase in suicide rates among students and working professionals corroborates with the argument. — > well written!

on the other hand, the aspect of mindfulness can be seen through the "Stoic philosophy" which focus on what is

within one's control and accepting what is not. This mindset results in the form of gratitude, resilience, self-awareness and cultivates an inner state of peace which remain good unshaken by external circumstances.

On a societal level, this dichotomy results into "Consumerism Vs. Minimalism".

Consumerism promoted the idea that happiness can be bought and that is always one purchase away. This mentality fuels endless consumption by continuously seeking the next best thing. Rise in EMI culture in metropolitan cities to buy everything and anything supports the argument. ^{Similar to earlier}

On the other hand minimalism values simplicity, what one already has. They focus on things what truly matters such as relationships, experiences, personal growth to cultivate deeper sense of happiness and fulfillment. Initiatives such as Lifestyle for Environment (LiFE) are

Steps taken in the right direction. apt 1

Means Vs Ends Debate

Out of all the outcomes of happiness, it is equally important to understand the

ethicality of happiness. Foolish men seek the ^{good} end goal of happiness through any means ^{dimension}

whereas a wise person chooses right means to achieve the desired end of happiness.

The life story of infamous stockbroker "Jordan Belfort" whose life was depicted in the movie, "The Wolf of Wall Street" can help in understanding above argument. He made ^{wrote} huge profits through fraudulent stock market schemes to become rich and happy but ended up in jail later for choosing wrong ^{conclusely} means to become happy.

on the otherhand wise people like Vinoba Bhave, Mother Teresa choose the right path of selfless service, humility, contentment

to achieve the desired end, happiness of personal satisfaction

Right place matters to be wise

Wise people like Vinobha Bhave, Mother Teresa were able to grow happiness under their feet as situations and place is conducive enough to achieve happiness. When situations are not conducive enough, wise men should move their feet to different location to seek happiness.

The life story of Dalai Lama can help to understand this perspective. Dalai Lama faced immense political and personal challenges in Tibet to seek happiness under his feet. To practice compassion, mindfulness and contentment he moved to conducive place like Dharamshala in India from Tibet.

On contrary to the given essay statement lets explore the significance of

ambition to find happiness in distant goals.

Beyond the present: Finding Fulfillment in Future possibilities

While the idea that true happiness can be found in the present moment and within one's immediate circumstances is wise, it's also important to consider the value of ambition and striving for more. Sometimes ^{good}

the pursuit of distant goals and dreams can lead to growth, fulfillment, happiness and deeper sense of purpose.

The story of Ratan Tata's vision for global expansion is a case in point. ^{apt}

Ratan Tata could have been content with Tata business in India. Instead he found his happiness in ambitious expansion worldwide which significantly helped India's economy.

Therefore sometimes happiness isn't ~~is~~ just about finding peace where you are, but ^{also} about doing to seek out the happiness that lies in uncharted territories.

To sum up, the pursuit of happiness is not any future destination rather the journey itself.

The foolish man driven by desire chases after distant destination where as the wise man understands that happiness is not a destination but a state of being by creating his own happiness.

Imagine a kite soaring high in the sky, its vibrant colours and fluttering tail represents our dreams, ambitions and desires. The string represents the wisdom to reach our aims and ambitions. good

The foolish man thinks that the string of wisdom is a constraint and

breaking free will lead to greater heights of freedom and happiness. At first kite may rise higher due to wind but without string of wisdom it will fall on the ground eventually.

Conversely, the wise man is like a kite that remains connected to the ground through the string of wisdom. For wise man string is not a restriction rather a tool which provides right direction to navigate sky with purpose while being grounded and self aware. Therefore,

"The fool's pursuit is never complete,
The wise finds joy beneath his feet."

Good Conclusion!

→ Examples could be more in the first couple of dimensions!